



Greetings!,

Summer is a special season for ALF. Around this time 20 years ago, a handful of leaders in our region took on the huge task of starting a new non-profit organization, recruiting the founding board, and raising the funds to start programs that would bring people from all walks of life and leadership together to build a better future for our community.



That trifecta culminated in the creation of ALF's Mountain Valley Chapter in 1996. The ongoing commitment to community and service espoused by all of you have made this 20-year milestone possible. Thank you for being a crucial cog in our special ALF wheel.

To ensure that we give back to you and help further the impact you already have on our region, we are switching up how we "survey." Rather than the comprehensive online questionnaire of the past, you will most likely get a personal phone call soon to answer a few questions. It's important that we measure impact and can clearly relay what that is, and we think we have created a new survey that will get to the heart of that. So, please help us blow this out of the water and share your insight!

And finally, how's your summer going? Any special projects you want us to know about? Read on to learn more from the chapter, our network and a bunch of fun stuff we have planned for the coming months.

Thank you,

A handwritten signature in black ink, appearing to read "Bonnie Ferreira".

Bonnie Ferreira, CEO

ALL ACCESS RECEPTIONS are back!

Please join us on **Thursday, July 28** (5:30-7:30pm at Downey Brand) as we welcome **Henry Li**, General Manager/CEO for Sacramento Regional Transit District, and **Adam Steinhauer**, Sacramento Business Journal's new Editor-in-Chief. Thanks to sponsors Kaiser Permanente and Downey Brand for making the reception possible.



Find more information and RSVP by [clicking here](#).

[<back to top>](#)

[ALF's Summer Party](#)

It's that time of year again for ALF's Summer Party! ALF, **Kim Rhinehelder (Class XVII)** and Charles Rhinehelder cordially invite you to join us at the Rhinehelder's home for ALF's annual summer gathering - details below. Thank you to Kim and Charles for opening up their home! We hope to see you all there!

Sunday, July 24, 2016 @ 1:00 - 4:00 pm

8655 Morgan Creek Lane
Roseville, CA 95747

For more information and to RSVP, click here:

<https://alf-mvc-summer-party-2016.eventbrite.com>

[<back to top>](#)



SAVE THE DATE!

Legacy of Leaders

ALF's 20th Anniversary Celebration

Saturday, October 22, 2016 @ 6:30pm

Does the name look new? That's because it is, and it will be a completely different type of party, too. **Trish Rodriguez (Class XVI)** is leading this year's effort as the committee chair to mix things up in fun ways. If you're interested in joining the committee, let us know (cara@alf-mvc.org). You definitely won't want to miss the night!

[<back to top>](#)

Nominations for Class XXI have begun!

Ed Phillips (V) and **Pam Stewart (VIII)** are once again spearheading the nominations committee and getting to work to develop ALF's next class of outstanding leaders - Class XXI.

Do you want to be a part of shaping Class XXI? Join us for at least one of the five upcoming focus groups - Sacramento, El Dorado, Placer, Latino and Yolo - and contact us for more information on any of the below sessions.

- **July 26** - Sacramento (11am - 1pm; lunch provided)
- **August 2** - El Dorado (11:30am - 1pm; lunch provided)
- **August 9** - Placer (11:30am - 1pm; lunch provided)
- **August 11** - Latino (11:30am - 1pm; lunch provided)
- **August 17** - Yolo (8:30am - 10am; continental breakfast provided)

[<back to top>](#)

Class XX is underway!

We hit an important milestone in our 20th year by welcoming **Class XX** into the mix! Thank you to all of our Sr. Fellows who helped to make Class XX's Welcome Reception such a special night. In case you missed it, click [here](#) to see the outstanding new group.



[<back to top>](#)

THANK YOU to everyone who contributed to ALF on this year's Big Day of Giving. Our community generously rallied around each other in spite of a few obstacles, and the outpouring of support reminded us of why our region is so special. We received nearly **\$20,000** in donations, besting last year, and couldn't have gotten there without your support. HUGE thank you to **our BIG DoG contributors**, including:

Sonbol Aliabadi, Staci Anderson, Dawn Angelo, Meg Arnold, Ruth Asmundson, Michael Ault, Lisa Baker, Griselda Barajas, Vicki Barber, Joe Barr, Kelly Bennett, William Blake, Veronica Blake, Doni Blumenstock, Carol Borden, Kim Box, Michelle Brattmiller, Stephanie Bray, Nancy Brodovsky, Nancy Bui-Thompson, Donna Burke, Christopher Cabaldon, Lynne Cannady, Michelle Coleman, Scot Crocker, Paul Curtis, Linda Cutler, Brenda Davis, Chris Delfino, Marjorie Dickinson, Basim Elkarra, Gene Endicott, Torie England, Priscilla Enriquez, Lina Fat, Gordon Fowler, Susan Frazier, Kyle Glankler, Calvin Handy, Julie Hanson, Don Harris, Elizabeth Hassett, Sam Hassoun, Carole Hayashino, Pamela Haynes, Stephen Heath, Rick Heron, Julie Hirota, Andrea Howard, Sara Husby, Vikram Janardhan, Cassandra Jennings, Becky Johnson, Gail Johnson Vaughan, Lial Jones, Mary Kimball, Gary King, Mary Lou Lackey, Beverly Lamb, Ken Larson, Michael Lazar, Nancy Lee, David Ljung, Martha Lofgren, David Lowe, Dennis Mangers, Kristen Martin, Laura Mason-Smith, Stacy McAfee, James McCallum, Len McCandliss, Kevin McCarthy, Elizabeth McClatchy, Katie McCleary, Frankie McDermott, Fredericka McGee, Kathy McKim, Samuel Miller, Jake Mossawir, Scott Myers, Karen Nelson, Michelle Orrock, Richard Pan, Ed Phillips, Aldo Pineschi, Stella Premo, Cassandra Pye, Kim Rhinehelder, Carol Richardson, Trish Rodriguez, Kevin Ross, Vince Sales, Babs Sandeen, Jay Schenirer, Scott Shapiro, Genevieve Shiroma, Scot Siden, Kevin Smith-Fagan, David Sobon, Tom and Meg Stallard, Pamela Stewart, Katie Stille, Gary Strong, Cass Sylvia, Scott Syphax, Jim Tabuchi, Tina Treis, Kirk Trost, Stephenson Tse, Shirlee Tully, Martin Tuttle, Kara Ueda, Robert Van Tuyle, Roderick Vitangcol, Kathleen Weis, James & Diane Williams, Shelly Willis, Michele Wong and Tim Yamauchi.



[<back to top>](#)

ENCORE

To say Encore has "taken off" recently would be an understatement. We have a time-limited opportunity to bring many **highly-skilled, experienced and fully-funded Encore Fellows into regional organizations** to help build organizational capacity. Karen Nelson has been hard at work managing a surge of interest in Fellowships, which also means, we are looking for qualified work-sites for placements!

Brief Background: ALF operates an Encore Fellows Program for the greater Sacramento region, the goal of which is to match retired, corporate professionals into nonprofits to help build capacity by performing and delivering an impact project. These retired individuals are engaged with the nonprofit for a year-long assignment (about 1,000 hours, part-time). Some of the projects could include launching a new program, feasibility projects, strategic planning, developing a marketing plan, etc.



Who are Encore Fellows: Encore Fellows are retirees who wish to explore an "encore" career in nonprofit or social purpose work.

If you are interested in learning more and/or adding an Encore Fellow to your organization, **please complete the online application** by **July 15th** to be considered as a nonprofit work host. All interested parties will need to submit an online application and be approved in order to engage with a fully-funded Encore Fellow. If you would like more information about the program, feel free to visit: www.alf-mvc.org/encore, or contact Karen at karen@alf-mvc.org OR encore@alf-mvc.org.

Tables of 8(ish) Continue!

Tables of 8 (or sometimes more like 14...) have been a huge success! Class members have reconnected, Fellows have made new connections, and even Class XX members are already joining in!



NEXT UP:

Table of 10 hosted by **Martha Lofgren** (IX) and **Faith Whitmore** (II)

When: August 4 at 6:00 p.m.

Where: Lemongrass (601 Munroe Street, Sacramento)

RSVP today at <https://table-of-10-lemon-grass-restaurant.eventbrite.com>

[<back to top>](#)

Fellows Retreat

Back by popular demand - ALF's Fellows Retreat! Thank you to everyone who responded to the survey, and to **Martha Lofgren** (Class IX) and **Laura Mason-Smith** (Class III) who are co-chairing the retreat committee this year as we plan location, theme, special features, and more. Contact Cara (cara@alf-mvc.org) if you would like to join the committee and stay tuned for more details on the retreat.

[<back to top>](#)

Your daily dose of inspiration from Sr. Fellow Steve Ramirez (Class XVI):

The first Ronald McDonald House in the UK opened in 1990 adjacent to Guy's Hospital (pediatric oncology and pediatric cardiology). It was around the corner from London Bridge and had 18 rooms.

In 2005, a new state-of-the-art children's hospital opened at St. Thomas's, on the south banks of the Thames across from the Houses of Parliament. Unfortunately, for parents staying at the original Ronald McDonald House, this meant they now had to travel three miles to the new children's hospital—but in highly congested, London traffic, 3 miles equates to 20-30 stress-filled minutes, further burdening families who are already stressed from the critical illness of their child. Traveling back and forth was too difficult and few parents would leave their children's side, making little use of the House. For years, no relief could be found because there was either no land available or it was prohibitively expensive.

Recognizing the undue stress on parents and knowing the Church of England controlled acres of unused land adjacent to Lambeth Palace, his Grace, Archbishop Justin Welby and the Church Commissioners of the Church of England agreed to lease the Freehold (land) to Guy's and St. Thomas's Charity (children's hospital) and to allow the construction of a 60-room Ronald McDonald House on land adjacent to Lambeth Palace, despite the fact the land is located on a Grade 1 conservation site; is on the Thames floodplain; is in direct line of site to Westminster Palace, and that Lambeth Palace, having served as the home of the Archbishop of Canterbury for 800 years, is the last remaining Medieval palace in London.

Our new house is being constructed directly across the Thames from Big Ben and the Houses of Parliament—one of the most prestigious and outrageously expensive plots of land in London. We are just weeks away from opening our new house where parents can walk to the Evelina London Children's Hospital on the St. Thomas campus. A four-minute walk. The first VIP visitor to our new house will be Mrs. Caroline Welby, wife of the Archbishop of Canterbury.



ALFers in Action

Laura Mason-Smith (Class III) recently returned from a two-week Women's Spiritual Ayurvedic Yoga Adventure in Australia. "Rest Areas" in the Outback are a bit different from the US (or anywhere else in Australia, for that matter!). Meeting with Aboriginal people, trekking through Mungo National Park, and meditating under the full moon on the banks of the Murray River to the sounds of a digeridoo were magical! And, while she was gone, her firm was awarded a new five-year contract for executive facilitation services with SMUD.

Shirlee Tully (Class IV) recently celebrated 6 years at the Sacramento Region Community Foundation as Chief Marketing & Development Officer. Her daughter, Rebecca, just graduated from San Francisco State University and her son, Christian is embarking on the Land Park tradition of working at Vic's Ice Cream. Don't forget to tip!

Patrick Mulvaney (Class XIII) is a world-class restaurateur with a different take on food waste. He was stunned to find out that 10 MILLION TONS of food go to waste or unharvested each year. So he decided to do something, teaming up with other restaurateurs to advocate for legislative changes to encourage existing businesses, budding entrepreneurs and investors to find new uses for food that is going to landfills or rotting in fields. Read the full story [here](#).

Last month, **Stacey Powell (Class XX)** kicked off a grassroots campaign and book tour titled Piggybanks in the Park, which ran June 18-30. Stacey held 12 days of financial health events throughout the Sacramento region, and will continue to 30 other cities throughout the summer. [Hear more](#) about Stacey's efforts in her segment on Insight with Beth Ruyak.

Thanks to the hard work of **Rachel Rosenthal (Class XX)** and her team, more than one hundred Rancho Cordova high school graduates will now attend their first year of Folsom Lake College free of charge, through the new Folsom Lake College/Rancho Cordova College Promise - an innovative grant program recently launched by Folsom Lake College, the Folsom Lake College Foundation, and the City of Rancho Cordova. For more information, visit [here](#).

Jeff Darlington (Class XX) is proud of his team at Placer Land Trust for being the top-earning Placer County nonprofit for the third year in a row in the annual Big Day of Giving, a one-day online philanthropy event in the Sacramento region. Way to go!

Awards & Honors

Last month, **Dennis Mangers (Class I)** received the 2016 PRIDE Founders Award from the Sacramento LGBT Community Center. According to the Center, "thirty years ago, bold visionaries created a haven where LGBT people could build community, find affirmation and lead self-sufficient, healthy, well-adjusted lives. Although the landscape for LGBT people has altered significantly, the Sacramento LGBT Community Center's role as a community cornerstone has not wavered thanks to dedicated, tireless champions whose bold leadership and behind-the-scenes activism has transformed our community." Denny - your work in our community is immeasurable and we thank you.

Dr. Sonney Chong (Class II) was awarded the Invictus Foundation Lifetime Achievement Award by the Invictus Foundation at their 3rd Annual Invictus Foundation Champions Banquet. This award is given to individuals whose careers have greatly contributed to programs that help youth and their communities. Factors considered include the span & scope of career and volunteerism within the community for a minimum of 20 years, estimated numbers of lives touched, legacy of their work, number of organizations directly involved and positively impacted, mentorship and collaboration with outside organizations. On another note, Sonney's daughter, Kimberly is going to Nursing school in Kansas City, Missouri this fall and youngest son, Jeffrey Chong is going to University of Oregon for Law school this July.

Boys & Girls Clubs of Greater Sacramento's recently named a new scholarship in honor of **Fred Teichert (Class III)**: the Fred Teichert Youth of the Year Scholarship. The story of how Boys & Girls Club came to Sacramento, thanks to Fred's dedication, is sure to inspire you! [Read it here](#).

Common Threads North, an organization that recognizes extraordinary community service among

women in agriculture, proudly awarded **Mary Kimball (Class XV)** with the 2016 Common Threads North Award. Kimball was honored for being a remarkable woman with deep roots in agriculture who has chosen to use her gifts to make a lasting impact on our community.

Congratulations, Mary!

Mac Clemmens (Class XIX) and his company, Digital Deployment, continue to be recognized for outstanding work. They were recently awarded \$250,000 in California tax credits from the Governor's Office of Business and Economic Development (GO-Biz). This will support Digital Deployment as they hire 18 (yes, 18!) new employees and embark on a five-year expansion. Read more [here](#).

Rob Stewart (Class XIX) has more than a few very well-deserved accolades to this name - national award-winning PBS television host, reporter and executive producer, three-time Emmy nominee, and one of the most sought-after emcees around, just to name a handful! Last month, Rob added another honor when he received the Lambda Award at the Sacramento LGBT Community Center's 2016 PRIDE Awards. Rob is a tireless advocate for California non-profits benefiting underserved communities and he has a passion for reporting stories that help others by demonstrating the power of working together toward the greater good. [Read more here](#).

Clay Merrill (Class XX) was named Father of the Year for 2016 by the American Diabetes Association and the Father's Day Council. Congratulations, Clay and family! Find out why Clay is so deserving [here](#).

ALFers on the Move

Veteran association, nonprofit and health care leader **Steve Heath (Class XIII)** is now the executive director of the Capitol Health Network (CHN). CHN is a nonprofit association of 13 care providers and affiliated groups who form an important part of the health care safety net, in Sacramento, Placer, El Dorado, Yolo, Yuba and Sutter counties.

Stella Premo (Class XIII) was just named as the new executive director of the Capital Region Family Business Center - one of the largest family business centers in the country dedicated to being the go-to association for every family business in the Capital Region to help them grow and prosper through programs, resources and connections.

After spending four years as CEO of the Northern California World Trade Center, **Renee Nunes Taylor (Class XVII)** has joined the firm of Owen-Dunn Insurance Services as Chief Marketing Officer. Owen-Dunn, Sacramento's largest independently-owned brokerage, provides comprehensive insurance services to businesses of all sizes. Owen-Dunn has a specific expertise in Group Captive Insurance which provides a lower cost alternative for larger businesses. Renee will assist with the national roll-out of Owen-Dunn's Captive Insurance Division.

Job Openings

St. HOPE Public Schools, headed up by ALF Board Member **Jake Mossawir (Class XVIII)** is looking for a new chief operating officer. If you could be that person, or know of someone, please follow and/or share [this link](#) with more information.

