



Dear ,

It has been a remarkable year of growth for our Mountain Valley Chapter thanks to your participation. Our region is a better place because of your leveraged relationships and ALF collaborations.

A great example is your call for dialog to foster social justice, poverty and unconscious bias. With leadership from Cassandra Pye (Class X) and Bill Kennedy (Class IX), two cohorts of Senior Fellows convened to explore the issue. We were all moved by the sincerity and reflection demonstrated throughout the program series, and look forward to the evolution of this important work. If you are interested, please [contact me](#).

Our impact also included more than a dozen Senior Fellows appearing on KVIE's Studio Sacramento and matching almost 70 Encore Fellows within our ALFers nonprofit organizations.

But most significantly, ALF Senior Fellows are making a difference in groups of twos and threes, sixes and tens. Look around you. You make things happen. ALFers are working together in Sacramento, El Dorado, Placer, Yolo and counties beyond to raise this region and the people who live in it.

I have enormous respect for you all, and thank you Community Partners and [Star Club and Booster members](#) for your support.

Unite, Strengthen and Serve,

Bonnie Ferreira

### ALF by the Numbers

ALF Activity Attendance	Fellows Participating	% (388 active Fellows)
One or more events	256	66%
Two or more events	191	49%

## Upcoming ALF Events:

### [June 8 - Women's Affinity Group](#)

6:00 p.m. - 7:30 p.m.

### [June 13 - Connections Committee Meeting](#)

1:00 p.m. - 2:30 p.m.

### [June 15 - El Dorado County Meeting](#)

3:00 p.m. - 4:30 p.m.

June 23 - Sacramento Business Journal's

"Women Who Mean Business" luncheon

11:00 a.m. - 1:30 p.m.

[ALF table tickets available](#)

### [June 28 - Fund Development Meeting](#)

1:30 p.m. - 3:00 p.m.

November 16 - Exemplary Leaders Awards Dinner

Mark your calendar; details to come

## Contact Us

Please share ALF-inspired collaborations and recent accomplishments that demonstrate ALF's mission to unite and strengthen diverse leaders to better serve the community. We will use this space to distribute your good news. You can add an event directly to our [website](#), contact us at (916)-920-5669 or [email](#).

## ALF IN ACTION

### Honors for Leadership

Congratulations to Sacramento Business Journal's "Women Who Mean Business" award winners, the fellows featured in Comstock's Magazine's "She Who Leads, a Salute to Women in Leadership," and to our very own Karen Nelson (Class XVI) on receiving the Oxholm Leadership Award!

## FELLOWS LEAD THE CONVERSATION

### Unconscious Bias

Fellows are putting time, hearts and energy into our ALF efforts to dialog, recognize and remedy unconscious bias. Recently trained fellows will be addressing the issue throughout their communities in the fall. Thank you to Sacramento Region Community Foundation's support of this

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important work. Watch the Carabiner for details coming soon.

## Call Them Entrepreneurs

Nonprofits Need to Grow  
Like Businesses Do

Although its the 4<sup>th</sup> largest industry in California, generates \$208 billion in annual revenue and employs nearly one million people, California nonprofits can't get no respect.



"I would say efficiency is the area where nonprofits need to concentrate. Efficiency is attractive to funders. They want impact in exchange for their support."

Linda Cutler (Class X) Executive Director, Sacramento Region Community Foundation

[READ THE ARTICLE](#)

## STUDIO SACRAMENTO

In a recent edition of Studio Sacramento, the televised conversation on KVIE hosted by Scott Syphax (Class VIII) that considers important matters around the region, Scott Sh the topic was water. Scott Shapiro (Class XVII), Downey Brand LLP managing partner and water, flood and natural resources expert, and Ric Reinhardt, principal, MBK Engineers discuss flood protection after a rainy season and the Oroville Dam spillway event. Find out why its important to know the risk of flooding in your area and prevention methods. [Watch the Show](#)

## IN MEMORIAM

### Carol Borden (Class I)

The region recently lost a pioneer. Carol Borden (Class I) was a Senior Fellow who dedicated her time and talents to nurturing future African American leaders and was a champion of inclusion. Sacramento Bee columnist Cathie Anderson (Class X) pays her respects.



[Read Cathie's Tribute](#)

## EXPANDING OUR REACH

Attention Placer County ALF fellows: In an effort to respond to the needs of our fellows, the Connections Committee is expanding. Forming now is a "sister" committee to be located in Placer County that will emphasize Placer County interests. The new Connections Committee is in its formation stage and looking for leadership. If interested, please email Angela Schrimp de la Vergne (Class IX) at [aschrimp@damrell.com](mailto:aschrimp@damrell.com).

## WELCOME MIKE MARION (CLASS XIX)

### New class facilitator practices pay it forward

"I want to continue to affect change in communities as ALF has affected change in my life. As an educator, it is very humbling to be considered a part of this scholarly, yet grounded group of facilitators. So I will do my best to uphold the mission of ALF and to unite, strengthen, and serve our great region."



- Mike Marion

## ALF PODCAST COMING SOON

ALF is launching a podcast that will reveal the driving forces behind our region's most successful leaders. The ALF podcast, "The Drive" will start its run in the fall, and will be available through the CAP Radio and ALF website.

Are you, or do you know a fellow who has an inspiring tale to tell? Someone who has interesting tactics to tackle the enormous pressures of the leadership life?

We're looking for personal insights, gleaned through pivotal life moments, that catapulted the individual to reach new heights in their chosen profession. If you have someone in mind, please contact Katie McCleary (Class XIX) at [Katie@916INK.org](mailto:Katie@916INK.org).

## IN THEIR OWN WORDS

### Encore Fellows Add Expertise to the Nonprofit Landscape

"Having an Encore Fellow who had the professional experience and could support our work around revolutionizing the way our organization does business was worth its weight in gold."

- Staci Anderson (Class XVI) PRO Youth and Families

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## ALF STAT

In a recently conducted ALF survey of fellows that enjoyed an impressive **37%** response rate, **60** percent of respondents supported four or more organizations either financially or by volunteering.

### ALF Community Partners



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